



ABLE 2 ADJUST inc.

Empowering Change and Transforming
Futures through Online Learning

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Able2Adjust.com
OnlineParentingPrograms.com
CourtOrderedProgram.com
ParentingSkills.com



CAPABILITIES STATEMENT

COMPANY DATA

CAGE 6GNE6
SAM UEI R6J7FUJDVQH3
NAICS 541611 541612 541990
611310 611430 611699
611710 624110 624190

CERTIFICATIONS



DIFFERENTIATORS

Able 2 Adjust is dedicated to providing accessible, research-based online education for court-involved adults, youth, and families. With a proven track record of delivering high-quality programs, we are uniquely positioned to adapt to the evolving needs of individuals navigating legal and social service systems.

Through our specialized brands—OnlineParentingPrograms.com, CourtOrderedProgram.com, and ParentingSkills.com—we support participants in fulfilling court requirements, strengthening parenting skills, and achieving personal growth.

Our programs are grounded in proven educational methodologies to promote meaningful learning and behavioral change:

- **CONSTRUCTIVISM** – Learners reflect on what they already know, presented with new ideas and information to incorporate and apply it in their daily lives.
- **COGNITIVE-BEHAVIORAL** – Builds awareness of each participant's usual thoughts and feelings about an issue, provides realistic, constructive information, and promotes new and helpful behaviors.
- **4MAT MODEL** – The four learning styles are used sequentially to help learners answer the questions *Why?*, *What?*, *How?*, and *What If?*.

Able 2 Adjust, Inc. is committed to delivering innovative educational programs that support and empower individuals and families. Our classes help build essential skills and enhance communication, equipping participants to navigate today's diverse and complex social landscape.

PURPOSE

We aim to provide comprehensive online instruction designed to support personal growth and strengthen both individual and family relationships. Our programs offer structured, accessible learning experiences that help participants develop essential skills, improve communication, and navigate challenges with confidence.

EDUCATIONAL FRAMEWORK

Our classes are designed to encourage both learning and self-reflection, focusing on key topics and practical skills. Through engaging lessons, interactive activities, and structured progress points, participants can absorb information at a manageable pace. Logical stopping points and guided exercises reinforce learning, ensuring a clear and effective educational journey.

PRESENTATION STYLE

We take a strengths-based approach, ensuring that our course materials foster a positive learning experience. By helping participants identify their existing strengths and build upon them, we promote confidence and encourage lasting change. Our programs guide individuals in recognizing the resources within themselves and their environment, empowering them to make meaningful progress and achieve positive outcomes.

PAST PERFORMANCE

State of New York
The Parent Education and Awareness Program (PEAP) helps parents understand the impact of separation on their children, promoting healthy adjustment and development of all involved.

State of Connecticut
For parents court-ordered to Intensive Case Management within the Judicial Branch, Court Support Services Division - Family Services office, with focus on conflict-reduction skills.

State of Colorado
Mandatory classes for parents going through divorce, legal separation, or court proceedings for parental responsibility allocation involving minor children.