



# ABLE 2 ADJUST

inc.

Stimulating Intellectual Curiosity, Critical Thinking,  
& Awareness for Lifelong Success

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# CAPABILITIES STATEMENT

## COMPANY DATA

**CAGE** 6GNE6

**SAM UEI** R6J7FUJDVQH3

**NAICS** 541611 541612 541990  
611310 611430 611699  
611710 624110 624190

## CERTIFICATION DATA

SBA Small Business Certified

SBA WOSB (Pending)

## DIFFERENTIATORS

Our competitive advantage is that we are small and agile, which lends itself well to customizing solutions to meet the demands of our customers regardless of size. We support clients' efforts to educate, retain and expand their employee pool through our foundational learning approach to trainings:

### CONSTRUCTIVISM

Learners are asked to consider what they already know, presented with new ideas and information to incorporate and apply it in their daily lives.

### COGNITIVE-BEHAVORIAL

Builds awareness of each participant's usual thoughts and feelings about an issue, provide them with realistic and constructive information, and build new and helpful behaviors.

### 4MAT MODEL

The four learning styles are used sequentially to help learners answer the questions:

**Why?, What?, How?, and What If?.**

**Able 2 Adjust, Inc.** is dedicated to providing innovative educational resources for individuals, families, and the workforce. Classes provide opportunities to build skills and enhance communication styles in today's diverse society.

## PURPOSE

Provide intensive and comprehensive instruction using online learning modes of delivery that strengthens individual and family relationships.

## ORGANIZATION

Classes allow learning and reflection, focusing on specific topics and skills. Activities and demonstrations reinforce the information with logical stopping points, guiding participants throughout the process.

## PRESENTATION STYLE

A positive, strengths-based focus, characterizes both our company and our materials. We believe that participants are more likely to make significant change, and feel confident about their ability to make permanent adjustments, if the materials help them identify and build on their strengths. We help users find the resources that exist within themselves, and their environment, to move towards a positive outcome.

## PAST PERFORMANCE

### State of New York

Parent Education and Awareness (PEAP) Program educating parents about the impact of their breakup on their children to foster and promote their children's healthy adjustment and development.

### State of Connecticut

For parents who have been court-ordered to Intensive Case Management within the Judicial Branch, Court Support Services Division - Family Services office. Key focus is on conflict-reducing skills.

### State of Colorado

Mandatory classes for those getting divorced, legally separated, or petitioning a court to allocate parental responsibilities and have minor children.

**SBA WOSB**  
Woman Owned Small Business